

**Course:** OAL215D2 – Swift Water  
**Credit:** 1 credit hour  
**Semester:** Summer  
**Time:** TBA (Two Weekends at Living Waters)  
**Instructor:** Tressa Barnes: tressa.barnes@calvary.edu

***This course is offered in two formats: in-person and online. Students registered for in-person attend the classes in person, online students attend the classes via the online classroom. For both in-person and online students, assignments and interaction outside of the class period are done in the learning management system.***

## **I. DESCRIPTION**

Course will provide students with the fundamentals of water transportation and the basics of the sport. Course content includes techniques and safety. Students will participate in a canoeing and kayaking experience off-campus as a capstone to the course.

## **II. OBJECTIVES**

### **A. General competencies to be achieved. You will:**

1. Begin to understand basic watercraft principles as it pertains to each trail.  
(Program Learning Outcomes: 1, 2, 3,4)  
(Assignment: B,C,D)
2. Know how to effectively communicate, motivate and give proper instruction to those they are responsible for in a water setting.  
(Program Learning Outcomes: 2,3,4,5)  
(Assignment: C,C,D)
3. Know how to prescribe the proper selection and application of clothing, gear, accessories, and safety protocols.  
(Program Learning Outcomes:4,5)  
Assignment (B,C,D)
4. Explaining basic technique for water craft as it pertains to certain

- setting such as lakes and rivers.  
(Program Learning Outcomes: 4,5)  
(Assignment: B,C,D)
5. Learn about how to apply biblical leadership principles when conducting an excursion.  
(Program Learning Outcomes: 1,2,3,4)  
(Assignment: B,C,D)
  6. Explaining the value and benefits of watercraft adventure.  
(Program Learning Outcomes: 1,2,3,4,5)  
(Assignment: B,CD)

**B. Specific competencies to be achieved. You will:**

1. The student will be able to plan and implement an excursion for the group to participate in during the course.  
(Program Learning Outcomes: 2,4,5)  
(Assignment: B,C,D)
2. The student will be able to communicate effectively with a group of people as well as how to use biblical principles in an outdoor setting.  
(Program Learning Outcomes: 1, 2, 3)  
(Assignment: B,C,D)
3. The student will be able to recognize and/or describe proper paddle techniques and safety protocols.  
(Program Learning Outcomes: 1, 4, 5)  
(Assignment: B,C,D)
4. The student will be able to select and utilize proper clothing, accessories, safety equipment, and food while canoeing or kayaking.  
(Program Learning Outcomes: 4 and 5)  
(Assignment: B,C,D)
5. The student will be able to describe or recognize risk management that exists within watercraft adventure.  
(Program Learning Outcome: 1,2,3,4,5)  
(Assignment: B,C,D)

**III. MATERIALS**

- A. BIBLE** - The Bible is a required textbook in every course at Calvary University. To facilitate academic level study, students are required to use for assignments and research an English translation or version of the Bible based on formal equivalence (*meaning that the translation is generally word-for-word from the original languages*), including any of the following: New American Standard (NASB), English Standard Version (ESV), New King James (NKJV), or King James (KJV). Other translations and versions based on dynamic equivalence (*paraphrases, and thought-for-thought translations*

*like NLT and NIV*) may be used as supplemental sources. Please ask the professor if you have questions about a particular translation or version.

## **B. Textbooks**

Broze, Matt. *Sea Kayaker's Deep Trouble: True Stories and Their Lessons from Sea Kayaker Magazine*. International Marine/Ragged Mountain Press; 1st edition (May 22, 1997). ISBN: 978-0070084995. Retail Price: 18.95.

Whiting, Ken. *Recreational Kayaking: The Ultimate Guide (Heliconia) Comprehensive Instructional Handbook Covers Equipment, Strokes, Paddling Techniques, Capsize Recovery, Kayak Safety, Paddler's First Aid, & More Paperback*. Heliconia Press; First edition 2008. ISBN: 978-1896980423. Retail Price \$12.99.

## **C. Power point**

# **IV. REQUIREMENTS**

## **A. Writing**

1. All class papers must follow the APA style according 7th edition of the APA Publication Manual.
2. The Clark Academic Center ([learning@calvary.edu](mailto:learning@calvary.edu)), located in the library building, is dedicated to providing free academic assistance for all students. Student tutors aid with all facets of the writing process, tutor in various subject areas, prepare students for exams and facilitate tests. Please take advantage of this service.
3. Plagiarism is defined as copying any content without identifying the source. This also includes taking another person's or AI entity's ideas or constructs and presenting them as your own. The use of AI generated content in student work is prohibited (even if cited) as it does not represent original work created by the student and is an unreliable aggregate of ideas from other sources. Plagiarism of any kind will not be tolerated. Any assignment that includes plagiarism will receive a zero (0) grade.

## **B. A River/Lake Guide Reference paper**

1. The student will write a comprehensive 5 page paper on the values and principles of canoeing/kayaking.
2. This paper will consist of the following:
  - a. A description of 10 lakes and rivers within the state of Missouri.
  - b. How these areas of water can provide a bible truths and principles.
  - c. What gear is needed for each place and whether they are beginner, intermediate, or advanced.

## **C. Canoeing**

1. The student will take this course in two intensive weekends at Living Waters Canoe Ministry.

2. The student will keep a journal throughout the weekend to record a reflection of each day and section that was covered.
3. The student must submit a journal entries and must participate in each canoeing adventure.

**D. Required Reading**

1. Student will read the “Sea Kayakers Deep Trouble”
2. Student will read the: “Recreational Kayaking book.
3. Student will read a variety of articles within the course.

**V. METHODS**

**A. Lectures, Textbook Reading, participation in hiking trials.**

**B. Grading**

1. Reading	200 Points
2. Canoeing Paper	100 Points
3. Participation	200 Points
4. Journal Entries	200 Points

Total 700 Points

**IX. Academic Statements:**

- Students with disabilities have the responsibility of informing the Accommodations Support Coordinator ([aso@calvary.edu](mailto:aso@calvary.edu)) of any disabling condition that may require support.
- *Plagiarism is defined as copying any content without identifying the source. This also includes taking another person’s or AI entity’s ideas or constructs and presenting them as your own. The use of AI generated content in student work is prohibited (even if cited) as it does not represent original work created by the student and is an unreliable aggregate of ideas from other sources. Plagiarism of any kind will not be tolerated.*
- The Clark Academic Center ([learning@calvary.edu](mailto:learning@calvary.edu)) is dedicated to providing free academic assistance for Calvary University students. Student tutors aid with all facets of the writing process, tutor in various subject areas, prepare students for exams and facilitate tests. Please take advantage of this service.

